

RUSON Duties List

Hygiene

- Brushing teeth, including dentures.
- Simple Eye Care – Cleaning eyes
- Brushing and washing hair
- Showering, washing and bathing incl. bed baths
- Dressing and undressing
- Shaving, Grooming – non medicated skin care and make up

Toileting

- Assisting to change continence pads
- Replacing bottle/commode
- Empty and providing urinal pans
- Empty urinary catheter bags
- Application of condom drainage
- Collection of MSU, CSU and Faeces (once trained and assessed)
- Complete a urine analysis assessment and document findings (once trained and assessed)

Wound dressing

- Perform a simple wound dressing were the skin **integrity** is intact (**Exclusions:** complex wounds any wound where the skin integrity is broken)
- Apply a bandage to a limb
- Maintain dry dressing / plaster/bandage when showering / bathing

Patient mobility / manual handling

- Assist with patient transfers, sitting patient out of bed/on the toilet/commode
- Assist patients to change position in bed using a slide sheet
- Assist with provision of pressure area care (Including assist with log roll)
- Look at pressure risk support surfaces (air mattress, sheep skin, slide sheets)
- Mobilise Patients (assisted up to independent)
- Use of additional hoist/aids – (with orientation)
- Assist patients achieving their goals determined by allied health professionals

Patient Assessment

- Measure vital signs on an adult including Heart Rate (HR), Blood Pressure (BP), Respiratory Rate (RR), Oxygen saturation (SpO₂)
- Document measurements on the Observation Response Chart
- Report abnormal vital signs to the Registered Nurse and escalate care as per policy
- Measure blood glucose levels and document findings (once trained and assessed)
- Measure blood ketone levels and document findings. Report abnormal reading to the RN (If they have completed appropriate training and competency)

Registered Undergraduate Student of Nursing Pilot Program

Environment

- Ensure falls prevention strategies are in place – buzzer, phone, beside table within reach, bed on lowest position
- Maintain safe and tidy ward environment
- Assist with flowers and vases
- Making beds
- Answering call bells including staff assist

Communication

- Clerical answering and transferring calls (**Exclusion:** clinical information and advice to patients or families)
- Pass on information, direct visitors on the ward to appropriate staff
- Report unexpected events or any concerns regarding patient care
- Attend handover and local team meetings
- Immediately report any changes in patients physical and mental

Nutrition

- Menu assistance / assist with safe meal set up, cut up food, adjusting table and opening packages
- Assist with feeding patients/assisting oral nutritional needs (Exception: can assist patients with feeding difficulties if they have completed appropriate training and competency assessment)
- **Exclusion:** Patients with fluid restrictions, patients with dysphagia, patients on modified diet and fluids
- Assist with communal dining

Maintenance

- Restock supplies and equipment (Exclusion Medical & emergency supplies)
- Cleaning and putting away equipment between use
- Equipment maintenance

Other Duties

- Diversional therapy eg reading to patient, cards
- In conjunction with the RN, apply practical intervention procedures for patients with dementia or behavioural problems eg constant observation 'Escorting to appointments or running simple patient errands (excluding emergency scenario's or patients requiring clinical care)
- Packing and unpacking patient belongings
- Weighing patients
- Attending professional development
- Emergency response – Escalate either verbally to NIC or resource nurse or via emergency button