

For appointments:

Ph: 5451 5520

2 Coutts Street

Boort Vic 3537



consulting times:

Monday - Friday

9:30am -5:00pm

November 2019

We know that sickness is not restricted to business hours, which is why we ensure that we have a GP available to our patients 24/7. One of our GP's is available to be contacted for medical issues after hours as well as weekends and public holidays.



The after hours GP on-call service is accessed by phoning Boort District Health on 5451 5200. Your call will be triaged by the nurse on duty and our Doctor will be contacted if required.

In any emergency, please call 000.

Practitioner

Dr Chris Olise

Nurses

Diane Walsh

Michelle Lawrence

Practice Manager

Lorraine Smith

Reception

Bailey Walsh-Coutts

Amber Wood

Pathology Collection

Monday – Thursday

8:30 - 10:30



Boort Medical Practice
will be closed for the
Melbourne Cup Public
Holiday

Tuesday 5th November



Men's Health Awareness Month

Australian men are more likely than Australian women to get sick from serious health problems. Australia ranks high in life expectancy rates. Australian men don't live as long as Australian women. On average, Australian men can expect to live 79 years, compared to women who can expect to live 84 years.

High Risk Men's Group

- Australian Aborigine and Torres Strait Islander men
- Migrant men
- Men who live in rural and remote areas of Australia
- Socially disadvantaged men
- Men with disabilities
- Men who are in prison
- Non-heterosexual men, including gay, bisexual and transgender males

Top 10 Causes of Premature Death in men

- Ischemic heart disease
- Trachea and lung cancer
- Dementia and Alzheimer's disease
- Cerebrovascular diseases
- Chronic lower respiratory diseases
- Prostate cancer
- Colon and rectum cancer
- Diabetes
- Blood and lymph cancer, including leukemia
- Suicide

Where to get help

- Your GP (doctor)
- Australian Men's Shed Association Tel. 1300 550 009

Men's

Essential

HEALTH TOOL KIT



HOW MUCH YOU DRINK IS YOUR CHOICE...

Men's Lifestyle Exposed



WHAT ALL MEN NEED TO KNOW. How to live long, live well!



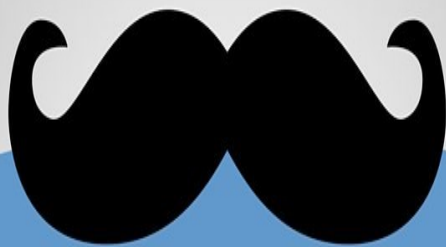
Decades of Life

THE ROAD MAP FOR GOOD HEALTH!



Foundation 49 Men's Health

Baker HEART & DIABETES INSTITUTE



MOVEMBER

Men's Health Awareness Month

Call into Boort District Medical Centre and pick up your free copy of the Men's Health Tool Kit

Boort District Medical Centre

Bulk Billing Services

- Under 16 years of age
- Pensioner's
- Concession Card Holders
- Doctor's Discretion
- Care Plan's
- Pap Test's
- Child Immunisation's

If you have any suggestions, comments or feedback, we would love to hear from you. Please either email medicalreception@bdh.vic.gov.au or speak to the practice manager. We can only improve with your help!

Translator and Interpreter Services Available (TIS)